

Unchain My Heart Cha

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Tina Chen Sue-Huei (April 2020)

Music: Unchain My Heart (Dj Cucky Remix) by Soul Project Rx



Intro: 32 Counts

Tag (4 Counts): End Of Wall-5 Facing 9:00

- 1-2 Side Step R, Touch L Beside R
- 3-4 Side Step L, Touch R Beside L

Main Dance (32 Counts)

SI. Fwd R-L Toe Struts – Fwd Touch Recover – L Coaster Step

- 1-2 Step R Toe Fwd, Drop R Heel
- 3-4 Step L Toe Fwd, Drop L Heel
- 5-6 Touch R Toe Fwd, Back Step R
- 7&8 Back Step L, Tog Step R, Fwd Step L

SII. Diag Fwd R-L Shuffle – Fwd ½ L – Fwd ¼ L

- 1&2 Diag Fwd Shuffle On RLR
- 3&4 Diag Fwd Shuffle On LRL
- 5-6 Fwd Step R, Pivot ½ L Turn Step On L (6.00)
- 7-8 Fwd Step R, Pivot ¼ L Turn Side Step L (3.00)

SIII. (Cross Back – Back Cross) 2X

- 1-4 Cross R Over L, Back Step L, Back Step R, Cross L Over R
- 5-8 Back Step R, Back Step L, Cross R Over L, Back Step L

SIV. Back Rock Recover – ½ L Triple – Back Rock Recover – Fwd Shuffle

- 1-2 Back Rock R, Recover On L
- 3&4 ½ L Turn Triple Steps On RLR (9.00)
- 5-6 Back Rock L, Recover On R
- 7&8 Fwd Shuffle On LRL

Happy Dancing!

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